

**Stride**  
empowering young people

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**ANNUAL  
REPORT  
2009**



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 230 Rae Street, North Fitzroy, VIC 3068 AUSTRALIA.

# Our Vision

To empower young people to realise their full potential and to have the opportunity for a brighter future.

# Our Mission

Stride Foundation is dedicated to helping improve the physical, mental and social wellbeing of young people and their communities through our educational and community development programs.

# About Stride

Stride Foundation grew from a tragic circumstance, when a young 12-year-old boy committed suicide in his first year of secondary school. It was deeply saddening to think that he had no-one looking out for him and it was realised that if other students could be encouraged to take responsibility for reaching out in friendship and letting adults know when a fellow student was troubled, this could prevent situations becoming so desperate. Thus, the simple concept of training older students to look out for younger students – peers helping each other – was born.

Stride Foundation is a non-profit organisation dedicated to creating and delivering programs and resources that improve the physical, mental and social wellbeing of young people and their communities. Recognising that young people face many pressures at school, in the community and amongst their peers, Stride provides early-intervention programs that empower young people and equip them with the life skills needed to face their challenges.

In addition to this, Stride creates and delivers direct support and mentoring programs to young people disadvantaged by poverty, distress, suffering and helplessness.

Stride is embodied in three themes – Inspire, Achieve and Discover.

## **Inspire (Role Models/Mentoring)**

Inspire programs reconnect young people, Indigenous and non-Indigenous, with school and community life, using mentor relationships. The programs are community-based and mentors support young people to develop life skills and other skills over an extended period. Mentors are drawn from the local community (such as sports people and civic leaders), provided training in mentoring and matched with an appropriate young person.

Inspire programs are conducted in locations throughout South Australia, New South Wales, Queensland and Victoria.



# Achieve (Education)

Achieve programs develop in young people a sense of responsibility for the wellbeing of themselves and others, and empower them with understanding, skills and strategies. Achieve programs are not only delivered in schools to students but teachers are also trained to deliver these programs. This reflects the unique position that teaching staff have to continually reinforce the strategies that comprise the programs and thereby foster positive and supportive class and school cultures.

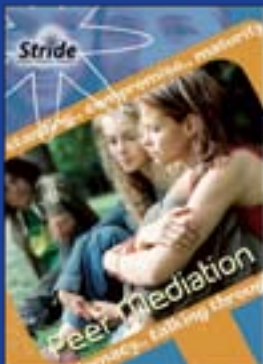
Achieve programs address such topics as: bullying, cyberbullying, dealing with anger, depression and self-harm, as well as leadership skills, peer support, positive relationships for girls and peer mentoring.



# Discover (Resources)

Discover learning resources are provided to schools, parents and the community to help engage, inspire and inform young people.

Discover learning resources include training materials, games, posters and badges.



# Our Work

For more than 23 years, Stride has been making a positive impact on the lives of thousands of young people, teachers, schools and communities.

This impact sees young people:

- supporting each other while deferring appropriate issues to adults, such as talk of self-harm or suicide
- equipped with the skills to fulfil leadership roles
- applying assertiveness skills and resisting such pressures as using drugs, having inappropriate sex (high risk sexual activities) or participating in bullying
- becoming more resilient and working through issues constructively
- participate more fully in school life and beyond
- deal better with body image and develop self-confidence in positive ways
- improve education performance and remain at school longer
- communicate better with parents, teachers and peers
- equipped with various life skills such as coping with adversity and setting goals
- reintroduced to education and develop career objectives
- become role models to others.

Stride works closely with young people and their communities to bring about a cultural change that assists them in dealing with adverse situations and teaches them about supporting one another. By involving young people as part of the solution to the issues that directly affect them, we are able to show them how to be resilient and confident in their actions towards themselves and one another.

*"The Supportive Friends Program is a powerful and successful strategy to achieve school goals and school culture. It builds life-long skills and the capacity for strong relationships – the essential bedrock of a compassionate, tolerant and an inclusive society. The program has had a significant impact on student engagement and addresses wellbeing issues for students facing a range of difficult situations in their lives"*

**Assistant School Principal**



# Reflections from the Chair

The Global Financial Crisis has brought home to us very clearly that we are all affected by major changes in the global society. Stride Foundation is no exception. During 2009 we noted that whilst the demand for our services remained strong, the funding capacity of a number of our clients and traditional supporters was constrained. This was a challenge that Stride did not face alone.

Our contact within the not-for-profit sector has shown that a number of organisations have been hard hit financially and are struggling to maintain their staffing and service levels in the face of reduced funding availability. It seems likely that some re-organisation and rationalization in the sector will be necessary in the coming period. I am pleased to be able to report that Stride has managed to maintain both its service levels and its balance sheet strength although not without some timely management decisions. We enter into 2010 with a cautious optimism, clear strategic direction, a sound business model and an openness to the opportunities that the year will bring.

The business plan that formed the basis of our 2009 endeavours has seen us able to continue to service our existing client base whilst also expanding our national representation through a greater presence in Western Australia, particularly in the Kimberley region. Hopefully, this development will expand further in the coming year. We remain keen to pursue our Mission and to offer our expertise wherever there are young people who can benefit from it.

Thanks to the leadership, dedication and skills of our staff, the services we provide meet high quality standards and the feedback we receive, both anecdotal and structured, is very positive about the value and impact of our programs. As Chairman, I would like to acknowledge the great contribution our staff make. I wish also to thank the Board members for generously contributing their time and expertise to ensure the sound governance of Stride Foundation. My thanks also to all those who have supported us financially in these difficult times ... the ongoing commitment has enabled Stride to continue to make a difference.

**Peter Whiting**  
**Chairman**



# Chief Executive Officer's Report

Stride has had a highly successful year in terms of reaching more students, teachers and communities, with over 6,600 being trained during 2009, which represents a 74% increase in numbers compared to 2008. This success has come at a cost due to the Global Financial Crisis. Revenue did not grow in line with demand and remained almost the same as for 2008. Program costs continued to increase in line with demand resulting in Stride posting a small deficit, for the first time since 2005.

Towards the end of 2009 the Board, Management and Staff participated in a rigorous Strategic and Business Planning process under the professional guidance of David Rowe from NOUS Group. This exercise was highly successful and the resulting Strategic, Business and Marketing plans that have been developed with the Stride team have given us a clear direction forward for the next five years and beyond. This process has been undertaken annually, to ensure plans are relevant and meet our Vision, Mission and Objectives. Team building, consisting of an overnight stay at the Ballarat Pax Hill Scout Camp, was also undertaken by staff during this planning process.

To ensure Stride is well placed to meet the expected competitive funding environment during 2010 and beyond, the Business Development Team has been strengthened and a highly regarded General Manager (Ms. Sandy Rowe) appointed to lead this team and oversee our program delivery and development. The Stride team has also embarked on an ambitious program to develop an evaluation tool that will enable us to accurately measure the resilience of young people (and therefore their likelihood of reaching their full potential) before and after participating in our programs. This will enable Stride to continue to develop programs that really do work and are in-line with evidence-based research. It will also give communities, schools, parents and funders the certainty of knowing that our programs are meeting the needs of young people.

To ensure we can meet the demand for our programs within budget we have increased our reliance on volunteers and casual staff, particularly within program delivery areas. The Stride team continue to develop and build close collaborative relationships with a large number of community groups who assist with the delivery of many of our programs along with other organisations working within the youth wellbeing sector and beyond.

2009 has been a difficult year in many ways but in the end very successful. This success would not have been possible without the active support of our Board of Directors and the tireless efforts and dedication of our highly professional staff and volunteers. Of course, none of this would have been possible without the financial and pro-bono support of our many corporate, philanthropic, community and Local, State and Australian Government Stride supporters.

I would like to take this opportunity to thank the Board, staff, collaborative partners and our many supporters who have assisted us throughout the year.

**Ken Dusting**  
**CEO**



# 2009

## A year of consolidation

In 2009, Stride had great achievements in all areas of the organisation from internal mechanisms to program and project delivery.

### *Here are some of the highlights for the year:*



#### **Leadership**

Stride is pleased to announce their new *Leadership* program. *Leadership* is a full day interactive workshop offered to both primary and secondary students who hold positions of leadership, or groups of students who will benefit from learning a variety of leadership skills within a school environment.

#### **On the Ball**

*On The Ball* continued to be a popular program held over the school holidays throughout 2009 and involved a wide range of community stakeholders from Ceduna, Coober Pedy and Port Augusta including local schools, councils, youth centres, Aboriginal Health Services and local sporting clubs.

Stride was greatly encouraged by the attendance of the young people which reflected their involvement and interest in both the life skills and the basketball elements of the program. Throughout the six *On the Ball* workshops held in Ceduna, Coober Pedy and Port Augusta, Stride engaged over 200 young people aged between 5 and 17 years old, 80% of whom were Indigenous participants.



#### **Order of Australia Award**

As a result of Stride Foundation's *Supportive Friends* program, in August 2009, Mount Erin Secondary College was awarded an "Order of Australia Award" in the Mornington Peninsula region of Victoria.

#### **Bunnings**

Bunnings has a great history of supporting the community in a number of different ways. As a *Support Centre Community* event, staff at Cato Street and Auburn Road have collected recipes and made a recipe book. It is the first time they have run a project like this. The staff raised almost \$2,500.00 and donated it to Stride Foundation in appreciation of the great work Stride does.

Stride would like to thank Bunnings staff and in particular Michael McSwain (Business Improvement Manager) and Nicole Humphreys (Communication Coordinator) for implementing this project and raising funds for Stride.



"Both Joe Hurst and Paul Vandenberg were excellent role models for the kids. My two sons and daughter had a ball. We live in Whyalla but we will travel back down to Port Augusta again for the On The Ball workshops in April! Thank you

**Parent (On The Ball – Port Augusta, SA)**

# Inspire (Role Models/Mentoring)



## ***Sport for Life – South Australia***

With the *Sport for Life* project entering its third year, the project experienced another successful year with Stride delivering to 250 young Indigenous people across five rural and remote communities in South Australia, including Coober Pedy, Maree, Ceduna, Koonibba and Port Augusta. With Stride receiving continuation of funding for 2010 from the Department of Education, Employment and Workplace Relations (DEEWAR), Stride is expanding the project into an additional three communities including Oodnadatta, Leigh Creek and Port Lincoln.



## ***Sport for Life – Mount Isa***

This is the first Inspire mentoring project to be delivered in Queensland. Stride is working very closely with youth focused service providers in Mount Isa to implement the *Sport for Life* project which will encourage young people to participate in sporting activities and develop essential life skills such as goal setting, leadership and improved self esteem.



## ***EnviroMentors – Lara***

The successful *Enviro Mentors* project will commence again in 2010 with Lara Secondary College. Stride received funding from four different sources including Perpetual Foundation, United Way, The Coca-Cola Foundation and Ian Potter Foundation. Lara Secondary College who participated in the pilot of the project in 2008, are thrilled to have the project available again to their young people, who have a keen interest in the environment and would benefit from participating in a community mentoring program.



## ***Mentoring through Music – Northern Melbourne***

Students are matched one-on-one with a Stride trained music mentor who works with them once a week during the school term. During each session the music mentor will teach the student an instrument of choice, in addition to providing support and guidance for other aspects of their lives.



## ***Mentoring through Music – Mildura***

This project has helped to build and strengthen relationships between five school communities and those living in the district. The project was an additional bonus to those from Coomealla High School in New South Wales who have often felt left out of programs such as these, although they are only 20 minutes away from Mildura.



## ***Coonamble Sports Mentor Project***

The *Coonamble Sports Mentor* project continued to be well received by the local community. Throughout 2009, Stride undertook an extensive evaluation of the project to measure the long term impacts of the *Sports Mentor* project. The evaluation was guided by URCOT with funding received through the Mental Health Council of Australia. The process included interviewing mentees, mentors, school teachers and parents from the initial 2006 – 2007 project. Stride is pleased to report that 95% of the mentees are either still engaged at school, studying at TAFE or employed in full or part-time work.



## ***Online Dreaming***

The aim of *Online Dreaming* is to ensure that the young people are reintroduced to education through exploring their creativity in multimedia and online technology whilst learning positive life skills (leadership, teamwork and goal setting) and strategies to cope with adversity.

# Achieve (Education)

Stride facilitates a range of student based programs across metro and rural Victoria and visit individual states a number of times throughout the year. The programs we deliver focus on building positive supportive networks within the school environment to create caring, safe and friendly places to learn and develop positive social interactions.

Stride's Achieve programs enable students to develop a range of skills that not only support them throughout their school years but also life skills to take with them into their future endeavours.

This year Stride has shown a large increase in both student and teacher training with over 6600 students trained compared to just over 3000 last year (74% increase). Teacher training increased from 508 trained in 2008 to 940 in 2009 (85% increase). Also the total number of Achieve workshops held in 2009 increased from 164 to 246. Therefore, the total number of people trained in 2009 increased from 3619 to 6600. This is a great response to our programs and something we hope to continue to develop further in 2010.

We look forward to our programs growing nationally, particularly with an increased focus on rural and regional areas of Victoria and across all states. Considerable expressions of interest from Regional Victoria now sees Stride training in Geelong, Bendigo, Mildura, Warrnambool and Leongatha.

Stride will aim to align all individual State's Learning Standards with each of our student and teacher training programs. We have currently linked our program elements with the Victorian Essential Learning Standards, particularly in the following Strands: Physical, Personal and Social Learning, Interdisciplinary Learning and Discipline – based Learning.



# Our Achieve (Education) Programs

**Peer Support** – This program builds the self-esteem and confidence of younger students by connecting them through friendship and structured activities with older students. This results in a reduction in bullying incidences and a more cohesive and friendly school environment.

**Peer Mediation** – A conflict management program that trains students in mediation skills to allow them to assist other students who may be facing conflict, especially in the schoolyard.

**MPower Girls** – This program explores issues of bullying, low self-esteem and relationships between girls, assisting them to develop skills to cope and respond to issues such as teasing, gossip, exclusion and other situations common among young women.

**Revved Up** – An anger management program designed to help young people identify their own personal responses to situations that affect their lives and provide individual anger management strategies.

**Supportive Friends** – Supportive Friends is a youth suicide prevention program that helps young people identify problems and assist friends to work on their own solutions to difficult situations. Students are trained to pass on serious issues to an adult.

**Fantastic Friends** – A childhood depression preventative program for senior primary students and junior secondary students. The program is based on Stride's sound experience of holistically addressing serious issues in schools and has been developed through consultation with children and teachers at various primary schools.

**CyberS@vvy** – A cyberbullying prevention program that takes an in-depth look at the issue of cyberbullying in schools and how to address it using young people as part of the solution.

**Leadership** – Leadership training programs for students. This training is especially designed for young people selected for leadership roles in the school.



# Discover (Resources)

Stride's resources have also experienced growth in 2009, with an increase of 64% compared to 2008. New resources this year include two books written by child Psychologist Michael Carr-Gregg *The Princess Bitchface Syndrome* and *Real Wired Child* and Kate McCaffrey's books *Destroying Avalon* and *In Ecstasy*. A set of five cyber safety posters designed by students through the School Focus Youth Services and our newly updated board game *Big Night Out* have been extremely popular.

## CYBERS@VVY

### CyberS@vvy Booklet



Cyberbullying is an increasing problem in schools.

CyberS@vvy teaches young people ways of dealing with cyberbullying and the consequences it can have for the bully, the target and any bystanders. This teacher's manual gives an in-depth look into what cyberbullying is, the consequences, both moral and legal, and how to run the program.

### Cyberbullying Awareness Classroom Posters



As part of a recent initiative by School Focused Youth Services, students from secondary colleges in Victoria designed a range of posters. The posters highlight the warning signs of cyberbullying and promote safe use of online technology, including mobile phones.

### Real Wired Child by Michael Carr-Gregg



The internet has changed parenting forever. Michael Carr-Gregg provides an essential guide to the online world of today's real wired children, from toddlers to teenagers.

### Destroying Avalon by Kate McCaffrey



This novel written by Kate McCaffrey is highly recommended for use in schools.

*Destroying Avalon* is about adolescent cyberbullying, peer pressure and the search for identity.

## REVVED UP

### Revved UP Program



An anger management program designed to help young people identify their own personal responses to situations that affect their lives and provide individual anger management strategies.

## PEER SUPPORT

### Peer Support Teachers Pack



The Peer Support Teachers Pack contains everything that you will need to implement the Peer Support program in your school.

It includes the full Teachers Manual and a copy of the Peer Support DVD. Peer Support Student manuals are also available to buy separately or you could order the Classroom pack.

### Peer Support DVD



This DVD complements the student's manual and gives leaders a visual resource on how to conduct Peer Support sessions.

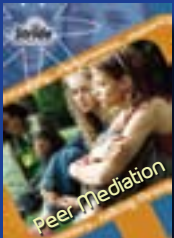
The DVD shows leaders how to:

- Deal with a difficult situation
- Make the most out of their group time
- Prepare for Peer Support sessions
- Connect with the younger students

As a resource for teachers this DVD is a great way to start a training session or use as an example. It is designed so that it can be watched in one viewing or broken into the same sections as the Peer Support Leaders Manual.

## PEER MEDIATION

### Peer Mediation Classroom Pack



This includes the Teachers Manual and 30 copies of the student booklets for use in the program.

## MPOWER GIRLS

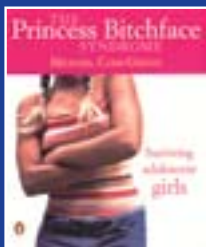
### MPower Girls pack



**"Be real, say what you feel!"** Helping girls to be more assertive in relationships.

*MPower Girls* has been developed to open the door to girls' relationships and the secret world of girls' aggression. The pack will assist in the exploration of the following elements: Me and my friends; Mean what I say; and Make up my own mind.

### *The Princess Bitchface Syndrome* by Michael Carr-Gregg



In this hard-hitting book, Michael Carr-Gregg focuses on the special trials of raising adolescent girls today.

# DRUGS, ALCOHOL AND OTHER SOCIAL ISSUES

## **Big Night Out**



**It's party time!**

This is an interactive game which explores adolescent risk-taking and party behaviour. It encourages safe choices through lively discussion. *Big Night Out* is ideal for Year 9 and 10 students.

## **In Ecstasy by Kate McCaffrey**



Mia and Sophie have been best friends forever - but that's all about to change. Experimenting with alcohol, flirting with boys and dabbling in drugs, things quickly spiral out of control...

## MISCELLANEOUS RESOURCES

### **Brave It Posters**



**Feel it – Think it – Act it**

A set of resilience posters designed for students from Year 5 and upwards. These posters present a three step process for positive action when things are getting us down.

### **Badges**



These badges are popular for use with young people trained in Supportive Friends, Peer Support and Peer Mediation.

“Stride Foundation’s Mentoring through Music Program has proven successful for the past 2 years at Coomealla High School. I would like to think that the Government will continue to fund something that works!”

**Deputy Principal, Mentoring through Music project - SUNRAYSIA**

# Administration

During 2009, Stride continued the focus on maintaining its corporate governance accreditation, certified by the Quality Improvement Council/QICSA to the Health and Community Services standards.

The quality standards encompass all facets of a quality organisation including program delivery, partnerships and other external relationships, identification of community needs and all aspects of governance and management including planning, monitoring, finances, people, OHS and compliance. The quality framework is underpinned by a strong emphasis on continuous improvement. A key performance target for the team is the pending renewal of accreditation in February 2011.

During the year, Stride continued to develop on its knowledge management capability through refined data management practices. ThankQ, a customer relationship management system, continues to be utilised and has enabled us to improve our services through efficient management of information relating to schools, partners, supporters and other stakeholders. In the new year, we plan to exploit the "Events" module to assist to improve data capture and workflows for our education programs, including schedules, participant profiles, resource requirements and financials.

Building on our knowledge capital and expertise during 2009, Stride welcomed to the team, three new staff members into roles in corporate services and business development.

## Thank You

### Employees

Ken Dusting  
Sandy Rowe  
Bettina Mitchell  
Kelly Vennus  
Simon Gray  
Megan Ford  
Eleanor Sharp  
Daniel Taylor  
Mike Lanyon  
Kelly Mitchell  
Frances Pardo  
Lyn Nicholson  
Carmen Delgado  
Robert Pisano  
Jim Wakelam (till September 2009)  
Andrew Lowndes (till February 2009)  
Sonya Tufnell (till July 2009)  
Sally Pannifex (till September 2009)  
Anna Clemann (till August 2009)  
Phil McKecknie (till August 2009)

### Volunteers

#### Program Volunteers

Elizabeth Bate  
Joanne Kirk  
Edward Stuart  
Annette Wendleman  
Finlay Beames  
Daniel Jacometti  
Susie Camillo  
Chris Hose  
Peter Schembri  
Dennis Scott  
Alicia Sheriff  
Mary Giertolla  
Luke Cohen

#### Office Volunteers

Sarah Dewey  
Chloe Stapleton  
Glynn Hunt

### Philanthropic and Corporate Supporters

Catholic Church Insurances Limited  
Helen Macpherson Smith Trust  
Lord Mayor's Charitable Foundation (General Grants) – (LMCF)  
Perpetual Trustees  
Sentinel Foundation  
The Ian Potter Foundation  
The R.E. Ross Trust  
United Way Geelong Region  
William Angliss Institute

### Contractors

Rohan Graf  
Dale Hudak  
Jo Hill  
Andrew McSweeney  
Ché Cockatoo-Collins  
Narelle Long  
Ricky Simpson  
Paul Vandenberg  
Joel Champion  
Rose Temple  
Paul Cleary  
Mick Penglase  
Ann Timmons  
Mary Wood  
Amber Nicoll  
Scott Baskett  
Clare Taylor  
Matt Little  
Joel Anderson  
Greg Mannix  
Joe Hurst  
Sam Woosman  
Simon Eszeky

Helen Smith  
Lesley Archer  
Hugh Taylor  
Ben Forgione  
Graeme Proctor  
John Bunda Walker  
Benji Trieger  
Murray Russell  
Alan Dodd  
Damien Lee  
Brenton Williams  
Adam Cohen

### In-kind and pro-bono Supporters

Ardoch Youth Foundation  
Australian Red Cross  
Catalyst  
Evolve  
Fenwick Software  
Fernhill Recruitment Pty Ltd  
Kids Under Cover  
Lighthouse Foundation  
Living Music  
Minter Ellison Lawyers  
Mosaica  
Resilience Foundation  
RMIT University  
The Fuel Agency  
The Honda Foundation  
The Nous Group  
Umoona Community Council  
URCOT  
Whitelion

### Government Funders

#### Australian Government

Department of Education, Employment and Workplace Relations  
Department of Families, Housing, Community Services and Indigenous Affairs  
Department of Health and Ageing

#### State Government

Department of Education and Children's Services – SA  
Department of Education and Early Childhood Development – VIC  
Office of Crime Prevention (WA) – Indigenous Partnership Fund  
Transport Accident Commission

#### Local Government

City of Melbourne  
City of Yarra  
Doomadgee Shire Council  
Tropical Population Health Service – QLD

### Our Community Partners

BHP Billiton  
Centacare Mount Isa  
Chances for Children (Mallee Family Care)  
Cobalt Blu  
Conservation Volunteers  
Education Centre Gippsland Limited  
ECG Learning and Development  
Foster's Community Grants  
KIDS Foundation  
Port Augusta Youth Centre  
School Focused Youth Service – (SFYS)  
The Coca-Cola Australia Foundation  
The Duke of Edinburgh's Award Victoria  
Youth Services Collaboration Group

# Financial Overview

For the year ended 31 December 2009

## Top-line Results

	2006 \$	2007 \$	2008 \$	2009 \$
<b>Total Income</b>	875,101	1,129,953	1,227,357	1,204,834
<b>Total Expenditure</b>	865,489	1,000,129	1,124,984	1,252,741
<b>Surplus (deficit)</b>	9,612	129,824	102,373	(47,907)
<b>Cash At End</b>	127,441	230,754	215,262	101,476
<b>Net Assets / Total Equity</b>	371,481	497,346	506,990	477,297

## Review of the year

Stride recorded a deficit for the year of \$47,907. The result represents a small use of prior period accumulated funds to support and invest in the organisation's programs, in light of increased funding challenges posed by external financial conditions. Expenditure was up for the year while income was marginally down.

Total income in 2009 was \$1,204,834, down by \$22,523 from 2008. Two-thirds of income came from government and other grants, the balance from donations, service delivery revenue and other sources. Donation revenue for the year was down 32% and interest revenue down 51%, mainly for external market factors. These reductions were mostly offset by increased grant revenue and resource sales.

Expenditure for 2009 was \$1,252,741, up by \$127,757 versus 2008. The increase was attributable to increased marketing and staffing costs necessary to support the organisation's programs and invest in its future.

Net assets (equity) at year-end stood at \$477,297, down \$29,693 from the 2008 level. The decrease is due to the deficit for the year partly offset by a partial recovery in the value of investments (up from the 2008 level which was significantly impacted by adverse global market conditions).

Cash available at year-end was \$101,476, down by \$113,786 from the prior year due to net cash outflows from operating activities and repayment of borrowings.

## Summary statement of comprehensive income for the year ended 31 December 2009

	2009 \$	2008 \$
<b>Revenue</b>		
Government and other grants	800,995	746,957
Donations	123,801	181,339
Service delivery	204,040	205,592
All other revenue	75,998	93,469
<b>Total revenue</b>	<b>1,204,834</b>	<b>1,227,357</b>
<b>Expenses</b>		
Staffing and related costs	(786,834)	(656,365)
Program and training expenses	(225,461)	(250,430)
All other expenses	(240,446)	(218,189)
<b>Total expenses</b>	<b>(1,252,741)</b>	<b>(1,124,984)</b>
<b>Net result for the year</b>	<b>(47,907)</b>	<b>102,373</b>
<b>Other comprehensive income (expense)</b>		
Net change in fair value of available-for-sale financial assets	18,214	(92,729)
<b>Total comprehensive income (expense) for the year</b>	<b>(29,693)</b>	<b>9,644</b>

## Summary statement of financial position as at 31 December 2009

	2009 \$	2008 \$
<b>Assets</b>		
Cash	101,476	215,262
Receivables	107,784	67,238
Investments	297,087	278,873
Inventories	51,647	41,219
Fixed and intangible assets	22,446	32,389
<b>Total assets</b>	<b>580,440</b>	<b>634,981</b>
<b>Liabilities</b>		
Payables	69,668	50,867
Loans and borrowings	-	50,000
Provisions	33,475	27,124
<b>Total liabilities</b>	<b>103,143</b>	<b>127,991</b>
<b>Net assets</b>	<b>477,297</b>	<b>506,990</b>
<b>Equity</b>		
Reserves	216,101	197,887
Retained earnings	261,196	309,103
<b>Total equity</b>	<b>477,297</b>	<b>506,990</b>

## Summary statement of changes in equity for the year ended 31 December 2009

	Retained earnings \$	Reserves \$	TOTAL \$
<b>Balance at 1 January 2008</b>	<b>206,730</b>	<b>290,616</b>	<b>497,346</b>
Net result for the year	102,373	-	102,373
Total other comprehensive income (expense) for the year	-	(92,729)	(92,729)
<b>Balance at 31 December 2008</b>	<b>309,103</b>	<b>197,887</b>	<b>506,990</b>
Net result for the year	(47,907)	-	(47,907)
Total other comprehensive income (expense) for the year	-	18,214	18,214
<b>Balance at 31 December 2009</b>	<b>261,196</b>	<b>216,101</b>	<b>477,297</b>

## Summary statement of cash flows for the year ended 31 December 2009

	2009 \$	2008 \$
<b>Cash flows from all activities</b>		
Receipts from donations and grants	837,362	918,386
All other receipts	287,362	279,103
Payments to employees and suppliers	(1,164,474)	(1,083,429)
All other payments	(74,036)	(129,552)
<b>Net increase / (decrease) in cash held</b>	<b>(113,786)</b>	<b>(15,492)</b>
<b>Cash and cash equivalents at beginning of year</b>	<b>215,262</b>	<b>230,754</b>
<b>Cash and cash equivalents at end of year</b>	<b>101,476</b>	<b>215,262</b>

### Important Notice

Information used in the financial overview and summary financial statements is extracted from the full financial report of Stride Foundation Limited ("Stride") for the year ended 31 December 2009.

The information shown is for summary purposes only. For a complete understanding of the financial performance, financial position and activities of Stride, the full financial report should be referred to. The full financial report also includes a full description of the accounting policies adopted by Stride, and explanatory notes to the financial statements.

The full financial report, including the directors' report and independent auditor's report, is available free of charge via download at [www.stride.org.au](http://www.stride.org.au), or on request from Stride by calling 03-9489-1611 or emailing [office@stride.org.au](mailto:office@stride.org.au)

# Directors' Report

## Information on directors

**Director:** Peter Whiting B.Com.Hons., B. Theol

**Appointed:** 28 October 1999

**Position:** Chair

Business Consultant, Non-Executive Director of Diamond Key International Pty Ltd and Chairman of Catholic Homes for the Elderly Inc. and Social Policy Connections Inc.

**Director:** Ian Jenkins Dip.Bus. (ACCTG) F.C.A.

**Appointed:** 15 October 2001

**Position:** Treasurer

Partner in Chartered Accountancy firm MSI Ragg Weir, specialising in tax and business service; member of several boards for commercial and not-for-profit organisations; member of Rotary.

**Director:** Ken Dusting MAICD, AFACHSE.

**Appointed:** 8 August 2006

Chief Executive Officer of Stride Foundation. Extensive senior management experience in change management including eight years in regional hospitals, five years in local and Victorian State Government and seven years in the corporate sector. Prior to his appointment as chief executive officer of Stride Foundation in April 2005, he was general manager of Turning Point Alcohol and Drug Centre.

**Director:** Glenn Ward B.Sc. (Hons), Dip. Ed.

**Appointed:** 10 October 2006

CEO and director of Debco Pty Ltd; former general manager with Shell International; former teacher and school board member.

**Director:** Noelene Horton AM BA, Dip Ed, FACE, FACEL, GAICD

**Appointed:** 17 April 2007

Former principal of Lowther Hall Anglican Grammar School; member, board of Brighton Grammar School, Korowa Anglican School and St Paul's Cathedral.

**Director:** Paul Cooke Grad Dip Bus (RMIT), BA Mil (UNSW Duntroon)

**Appointed:** 19 February 2008

**Resigned:** 15 February 2010

Director in integrated advertising agency The Fuel Agency. Member of several boards for commercial and not-for-profit organisations. Ex public officer for *Yellow Ribbon Foundation*, a youth self-harm awareness charity.

**Director:** Amanda Earle Masters in Psychotherapy & Counselling, Certificate in Psychotherapy & Counselling, Bachelor of Social Sciences (Psychology)

**Appointed:** 19 February 2008

Extensive experience in management consulting, focussing on strategic leadership, organisational effectiveness and change management; Manager, People Stuff (overseeing Human Resources function) for The Nous Group, a management consultancy; former National Manager for the *Yellow Ribbon program*, a help-seeking behaviour program for young people.

**Director:** Judy McGinn

**Appointed:** 18 August 2009

**Resigned:** 7 January 2010

Senior District Attendance Coordinator, Department of Education and Training, Kimberley District Education Office.

**Director:** Trevor Menmuir

**Appointed:** 18 August 2009

**Resigned:** 7 January 2010

Football Operations Officer, Kununurra Clontarf Football Academy.

# Testimonials

"The community of Mildura is in great need of any similar programs to encourage confidence and attendance at school. The program would also benefit non-indigenous and primary aged students"

**Music Mentor, Mentoring through Music project - SUNRAYSIA**

"I believe a number of the students here in Ceduna that attended the Sport for Life workshops are looking for some direction and motivation in life and I believe we (role models) help stimulate a positive step in this area."

**Sporting Role Model, Paul Vandenberg**

"Sport is so much like everyday life in that it requires discipline, respect for others, motivation, concentration, perseverance and confidence so the students are learning skills from the Sport for Life project that are also required in life."

**Sporting Role Model, Narelle Long**

"I thought it was a great concept (Sport for Life); it catches the kids at a time in their lives when they are contemplative and open to consider advice put to them. It is good in that the programs flexibility allows for short sharp discussion around issues relevant to the kids in general and to them within their communities and family."

The sharpness of the discussion utilises the attention span of the various ages well. I felt the kids were really engaged in the workshop and there was a good vibe across the board"

**Sporting Role Model, Joe Hurst**

"Programs like these (Sport for Life) provide the opportunity for kids from diverse backgrounds to enjoy each other's company. That can have a flow on effect in the wider community. Port Augusta Youth Centre loves seeing diverse groups 'hangin' out."

**Senior Youth Worker, Port Augusta Youth Centre, SA**

"The impact on the Aboriginal youth was excellent. They feel more comfortable in their own environment and interacting skills are enhanced. I felt the program was a benefit to them and their confidence levels were boosted."

**Youth Worker, Umoona Community Council, Coober Pedy, SA**

"95% of local community stakeholders (schools, youth centre, sporting clubs and health organisations) strongly agreed that the On The Ball Project meets an important need in the local community – that is opportunities for participation in physical activity."

**Youth Worker, Coober Pedy, SA**

"On a Friday we generally only average 60% in student attendance but there were 80% of students in attendance for the Sport for Life workshop."

**Secondary Teacher, Ceduna Area School, SA**

"It was excellent to read that 95% of the mentees with the help of their mentors are still engaged with school, particularly as this was the underlying premise of the Coonamble Sports Mentor project. It is also encouraging to learn that most of the pairings are interested in continuing their relationship beyond the duration of the project."

**Project Officer, Australian Government of Families, Housing, Community Services and Indigenous Affairs (FaHCSIA)**